



Parknasilla enjoys a rich heritage dating back to 1895. Presidents and poets, royalty and writers, actors and artists have chosen this place as a haven of rest, relaxation and inspiration – now you can follow in their footsteps - in the literal sense that is - and discover 500 acres of coastal paradise that is mapped into ten mapped walking trails made for you to explore.

Walking Trails

Ten marked trails all beginning at the hotel. Connect the trails for walks of longer duration and discover the many breathtaking viewpoints that make ParknasillaPure Paradise.

1 SEA TRAIL - 30mins / Mild Incline

This delightful track takes you from the water's edge and through the woodlands - A short walk with the opportunity of a swim in the open sea.

2 BESSIES TRAIL - 50mins / Mild Incline

Bessie was the faithful retainer of the Graves family which had a long association with Parknasilla – this is Bessies favourite walk.

3 BISHOP'S TRAIL - 1 hour 10mins / Mild Incline

A charming stroll through woodland with stretches of seashore and stream. This route commemorates Dr Graves, Bishop of Limerick, who spent many summers here at the Bishops house (the original Parknasilla).

4 CASTLE TRAIL - 1 hour 20mins / Moderate Incline

This trail has been added in 2015 and incorporates woodland & shoreline. It skims around the beautiful Parknasilla Golf course incorporating the ruins of Derryquin Castle, the walled gardens and the magnificent 360 degree views over Kenmare Bay.

5 ISLAND TRAIL - 45mins / Mild Incline

A truly delightful excursion which involves Island hopping and really gives a sensation of getting away from it all!

6 CLASHNACREE TRAIL - 1 hour 40mins / Moderate Incline

A wonderful scenic route best done clockwise to appreciate the superb 360 degree view of Kenmare River & the Cah Mountains.

7 HERON'S TRAIL - 1 hour 30mins / Mild Incline

The Herons walk was added in 1999 based on 1838 paths! A very much get away from it all walk. On a fine day bring a book and loiter at the tip of one of the islands.

8 SEAL TRAIL - 30mins / Mild Incline

A short walk giving a good introduction to both seashore and woodlands. Keep your eyes peeled for an opportunity to see the seals in the open water!

9 FAIRY TRAIL

The Fairy Community in Parknasilla Wood is flourishing. Their homes are not easy to find so take your time and you should find at least 20 Fairy Homes. Please pick up a Fairy Trail map from reception.

10 TREASURE TRAIL

Each treasure has a secret letter to inspire our budding detectives to discover the hidden word by finding all the letters along the way.

Safety notice. Trail surfaces are uneven and wet underfoot in places. It is imperative that you wear suitable walking footwear with non slip soles.